

Alpha Esquire Youth Interview Worksheet

Ages 12–14

This worksheet supports mentor–Esquire conversations for middle school–aged youth. Questions are designed to encourage reflection, honesty, and goal awareness. Esquires may complete this independently or with mentor support.

Esquire Information

Esquire Name: _____

Age: _ Grade: _

School: _____

School and Academics

1. What subjects do you enjoy most in school and why?

2. What subject is the most challenging for you right now?

3. How do you usually prepare for tests, quizzes, or assignments?

4. Is there something you would like to improve academically this year?

Attendance and Engagement

1. How do you feel about school attendance and being on time?

Always on time Usually on time Sometimes struggle Needs improvement

2. What helps you stay focused during class or activities?

Leadership and Conduct

1. What does being respectful look like to you at school and in ELMP?

2. Tell me about a time you showed leadership or responsibility.

3. How do you usually handle conflict or disagreements with others?

Personal Growth and Confidence

1. What is something you are proud of about yourself?

2. What is something you are still working to get better at?

3. How comfortable are you speaking up or asking for help?

Very comfortable Somewhat comfortable Not very comfortable

College, Career, and Future Thinking

1. What careers or jobs interest you right now?

2. What skills do you think are important for your future?

3. What kind of person do you want to be as you get older?

Mentorship and Support

1. What do you hope to gain from having a mentor?

2. How can your mentor best support you this year?

Reflection

1. What is one goal you want to work on this year (school, behavior, or personal)?

2. What might get in the way of reaching this goal?

3. What steps can you take to stay on track?

This worksheet aligns with the Esquire Leadership and Mentoring Program Success Goals and supports intentional mentor–Esquire relationship building for ages 12–14.