

My First Resume Worksheet

Junior Esquires – Ages 6–8

This worksheet is designed for young children. Mentors or parents should read each question aloud and help write responses if needed. Drawing, circling, and short answers are encouraged.

My Name

My Name Is: _____

My Age: __ My School: _____

About Me 😊

1. Circle how you feel about yourself today:

😊 Happy 😊 Proud 😊 Excited 😊 Calm

1. One thing that makes me special is:

Things I Am Good At 😡

Circle all that apply:

📖 Reading 🖐 Writing 🧠 Math 🎨 Drawing 😄 Sports 🎵 Music Being Kind

Other thing I am good at:

How I Help 😊

Circle how you help:

🧹 Clean up toys ☀ Help at home 🎒 Help at school Share with others

Other way I help:

Things I Like to Learn

Circle what you like:

 Science  Building  Art  Music  Computers  Reading

Something I Am Proud Of

Tell or draw something you did well:

(You may draw a picture here)

My Dream

When I grow up, I want to be:

This worksheet introduces resume ideas in a fun, age-appropriate way and supports the Junior Esquires pathway of the Esquire Leadership and Mentoring Program.